



Saint Bernard

A Roman Catholic Community

July 24, 2022

Seventeenth Sunday in Ordinary Time

Saturday Mass • Misas de Sábado

8:00 a.m. • English
5:00 p.m. • English Sunday Vigil
7:00 p.m. • Español Misa Dominical

Sunday Mass • Misas de Domingo

7:30 a.m. • English
9:00 a.m. • English
11:00 a.m. • English
1:30 p.m. • Español

Weekday Mass • Misas entre Semana

8:00 a.m. - English
6:15 p.m. • Bilingual

Office Hours • Horario de oficina

Monday - Friday • Lunes a Viernes
9:00 a.m. – 4:00 p.m.
Closed 12 - 1pm & on Weekends
Cerrado 12 - 1pm y el fin de semana

Pastor • Fr. Toribio Gutierrez
frtoribiogutierrez@gmail.com

Associate Pastor • Fr. Khoa Mai
kaem.2011@mail.com

Religious Ed/ Confirmation • Avelina Jiménez:
Call • Text: 562-325-0757 • fhcsacrament@gmail.com

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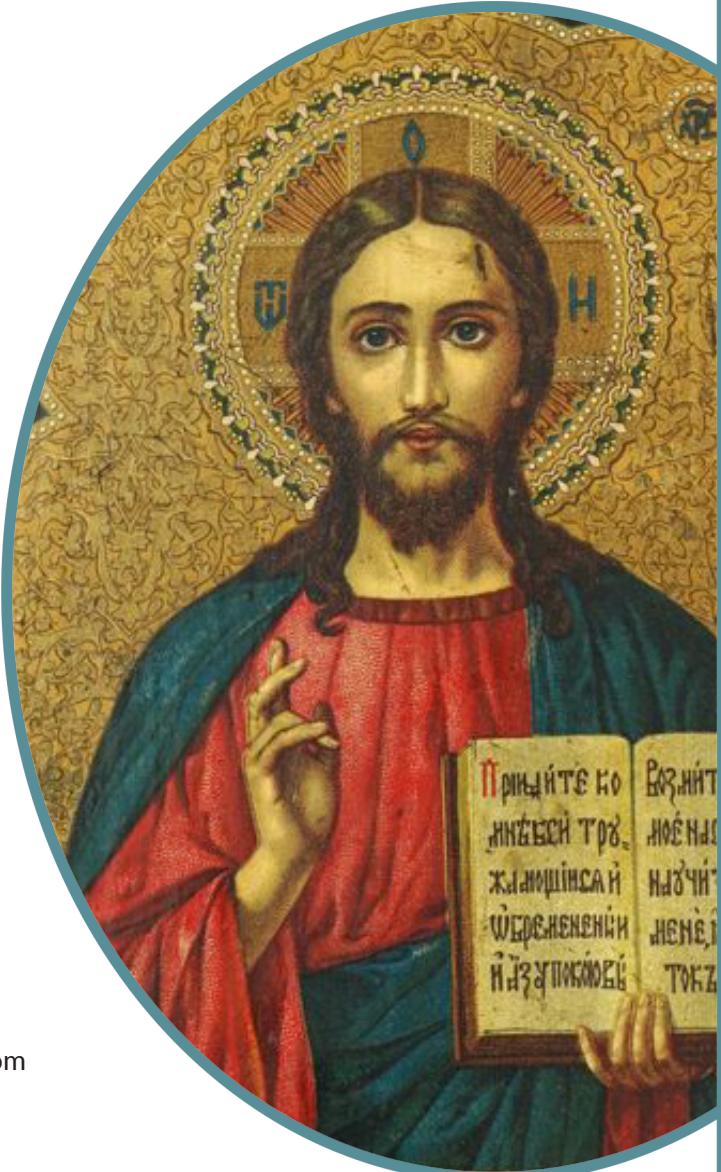
Parish Information

9647 Beach Street,
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(562) 608-5337



Saint Bernard Catholic Community



Saint Bernard Bellflower



Saint_Bernardcc



Parish Festival

September 16, 17, 18

We are happy to announce that we will have our annual Parish Festival this year! In order to make it a success, we need your help.

Donations

The parish is in need of water bottles, sodas, any new raffle items, and monetary donations for our initial expenses. You can call the Parish office if you'd like to confirm any donation.

Entertainment

We are looking for volunteers that would like to perform or be a DJ. If you have a band or are a DJ please call the office and leave your contact information along with the time you'd be available to help.

¡Estamos felices de anunciar que tendremos nuestro Festival Parroquial anual este año! Para que sea un éxito, necesitamos de su ayuda.

Donaciones

La parroquia necesita botellas de agua, refrescos, artículos nuevos para la rifa y donaciones monetarias para nuestros gastos iniciales. Puede llamar a la oficina parroquial si desea confirmar cualquier donación.

Entretenimiento

Estamos buscando voluntarios que quieran tocar con su grupo musical o ser DJ. Si tiene una banda o es DJ, llame a la oficina y deje su información adjunte a que hora estaría disponible para ayudar.

Mass Intentions

Saturday 7/23/22

- 8:00am St. Bernard Volunteers-Sp. Int.
5:00pm Souls in Purgatory- †
All Grandparents- Sp. Int.
7:00pm Carmen de Luz Guerra-Health
St. Bernard Elderly-Sp. Int.
Claudia Sibrian-Sp. Int.

Santiago & Maria Mendoza Aurora- †

- Maria Elena Hidrogo- †
Claudia Sibrian-Sp. Int.

Saturday 7/30/22

- 8:00am Consulacion Palma- †
5:00pm Anna Valerie
Mangune-Thanksgiving
7:00pm Elizabeth Gutierrez-Birthday,
St. Bernard Volunteers-Sp. Int.

Sunday 7/24/22

- 7:30am Robert Edrich- †
St. Bernard Eldery-Sp. Int.
9:00am St. Bernard Parishioners-Sp. Int.
11:00am All Grandparents-Sp. Int.
James Leoncio- †
1:30 pm Vanessa Martin-Birthday,
Gabriel Marin Sanchez- Sp. Int.,
Fr. Edward Broom O.M.V.-Sp. Int.
Claudia Sibrian-Sp. Int.

Tuesday 7/26/22

- 8:00am Archire Elchico-Birthday
6:15pm St. Bernard Children-Sp. Int.

Wednesday 7/27/22

- 8:00am Joaquin Gonzalez-Birthday
6:15pm St. Bernard Priests and Staff-Sp. Int.

Thursday 7/28/2022

- 8:00am Lyuliahnie Alcala-Birthday
6:15pm Gabriela Diaz- †

Friday 7/29/2022

- 8:00am Florence, Larry, Linda, Zita
and Abbott Lane- †
6:15pm Rosa Orozco- †

Monday 7/25/22

- 8:00am Josie C. Blanks-Thanksgiving
6:15pm Uvaldo del Rio- †

Donations

Envelopes \$4,799.00

Plate \$2,175.00

Parochial Improvements \$50.00

Mailed \$260.00

Online Giving \$245.00

Coffee Hour \$105.00

National Needs Combined Collection \$1,785.15

Food Sale Prayer Group \$522.00

Thank you for your continued generosity!

Dear Parishioners...

There are many ways to pray, that is, many ways of TALKING to God. We can thank him, or we can ask his forgiveness for what, in conscience, we consider that we have done against his will. Also, when praying, there are occasions when we transmit our love to God -sometimes without saying a word- we feel how He responds to us and transmits his divine love. There are times when praises to God spring from our hearts, but other times complaints come out, because things are going very badly for us and we do not understand what He is doing about it. This is what happened to Job: feeling abandoned by God, he says to him: «How many are my mistakes and faults? Make me see my crimes and mistakes. Why do you hide your face from me and consider me an enemy? (Job 13,23-24). At that time, Job did not pray with love but with rage. And that, even if it sounds crazy to you, IS GOOD. And sometimes it is NECESSARY.

Indeed, depending on the circumstances we are going through, we can relate to God in many different ways. But the most common way is the prayer of petition, because in our daily lives we experience various situations of helplessness and we ask God to help us. For this reason, when Jesus taught his disciples to pray, he did so through a prayer of petition that we call THE LORD'S PRAYER . It encompasses all of human reality, whose three main dimensions are the spiritual -because we are the temple of the Holy Spirit-, the material -since we have a body- and the social one -because we relate to other people-. These three dimensions generate situations of impotence in us; but also a lot of happiness, especially the spiritual one. Jesus knew that and that is why he taught his disciples to pray like this.

When we ask God, with all our heart, to give us our daily bread: we place ourselves in the hands of his wise and loving will, so that it is he who - in his own way - provides us with what we need to be happy .

We all have conflicts with other people. They are usually minor friction, but sometimes they cause us a lot of pain. And this pain is healed by forgiving, not holding a grudge. That is why Jesus encourages us to ask God to help us not to let ourselves be carried away by the temptation of resentment, or by any other temptation...

This week, Aunt Tota, reserve in your agenda a time to pray quietly, in private... closing the door to the outside noise, so that, there you will pray to God the Father, avoiding talking so much, but slowly meditating on the content of the Lord's Prayer.

Estimada Tia Tota:

Existen muchos modos de orar, es decir, muchas formas de relacionarnos con Dios. Podemos darle gracias, o podemos pedirle perdón por aquello que, en conciencia, consideramos que hemos hecho en contra de su voluntad. También, al orar, hay ocasiones en las que le transmitimos a Dios nuestro amor -a veces sin decir ni una palabra- y sentimos cómo Él, nos responde y transmite su Amor divino. Hay momentos en los que de nuestro corazón brotan alabanzas a Dios, pero otras veces salen quejas, porque las cosas nos van muy mal y no entendemos qué hace Él al respecto. Esto fue lo que le pasó al sabio Job: sintiéndose abandonado por Dios, le dice: «¿Cuántos son mis errores y culpas? Hazme ver mis delitos y errores. ¿Por qué me ocultas tu rostro y me tienes por enemigo?» (Job 13,23-24). En ese momento, Job no rezaba con amor sino con rabia. Y eso, aunque te suene disparatado, ESTÁ BIEN. Y, a veces, es NECESARIO.

En efecto, dependiendo de las circunstancias por las que estemos pasando, podemos relacionarnos con Dios de muy diversas formas. Pero el modo más común es la oración de petición, porque en nuestra vida cotidiana experimentamos diversas situaciones de impotencia y pedimos a Dios que nos ayude. Por eso, cuando Jesús enseñó a orar a sus discípulos, lo hizo por medio del Padrenuestro, una oración de petición que abarca toda la realidad humana, cuyas tres principales dimensiones son la espiritual -debido a que somos templo del Espíritu Santo-, la material -ya que tenemos un cuerpo- y la social -pues nos relacionamos con otras personas-. Esas tres dimensiones nos generan situaciones de impotencia; pero también mucha felicidad, sobre todo la espiritual. Eso lo sabía Jesús y por eso enseñó a sus discípulos a rezar así.

Cuando le pedimos a Dios, de todo corazón, que nos dé el pan cotidiano: nos ponemos en manos de su sabia y amorosa voluntad, para que sea Él quien -a su modo- nos provea de lo necesario para ser felices.

Todos tenemos conflictos con otras personas. Generalmente son roces sin importancia, pero a veces nos causan mucho dolor. Y este dolor se sana perdonando, no guardando rencor. Por eso Jesús nos anima a pedir a Dios que nos ayude a no dejarnos llevar por la tentación del rencor, ni por ninguna otra tentación...

Esta semana, tía Tota, reserva en tua agenda un tiempo para orar sosegadamente, en privado... cerrando la puerta al bullicio, para que, ahí ores a Dios Padre, evitando tanta palabrería meditando pausadamente el contenido del Padrenuestro.

World Day for Grandparents and Eldery 2022

I give thanks to you, Lord, For the blessing of a long life. For, to those who take refuge in You, Grant always to bear fruit. Forgive, O Lord, Resignation and disillusionment, But forsake me not When my strength declines. Teach me to look with hope to the future you give me, to the mission you entrust to me and to sing your praises without end. Make me a tender craftsman Of Your revolution, to guard with love my grandchildren and all the little ones who seek shelter in You. Protect, O Lord, Pope Francis and grant thy Church to deliver the world from loneliness. Direct our steps in the way of peace. Amen.

1st Communion Registrations

Weekdays from 5:30 pm - 7:30 pm

Tuesday, July 26 · Wednesday, July 27

Thursday, July 28

Saturday, July 30 from 10:00 am - 1:30 pm

Registrations taking place in the Religious Education Office (2nd Floor in the School)

Please bring the following for registration:

- Certificate of Baptism (Birth certificate if not baptized)
- Fee: \$120.00 (Deposit of \$60.00 is required at time of registration)

Religious Education Director: Avelina Jimenez

Call · Text: (562) 325-0757

fhcsacrament@gmail.com

Did you know?

As temperatures heat up this summer, it is critical for parents to remember to take children out of the car every time they park and turn off the engine. Leaving a child alone in a car can lead to serious injury or death. This is especially true in hot weather: a car can heat up 19 degrees in just 10 minutes. Cracking a window is not enough to solve the problem. Leaving a purse or phone — or even a shoe — in the backseat can be a reminder about children who may fall asleep on car rides. For more information, visit <https://www.safekids.org/heatstroke>.

Jornada Mundial de los Abuelos y de los Mayores

Te doy gracias, Señor, por la bendición de una larga vida porque, a los que se refugian en Ti les concedes dar fruto. Perdona, Señor, mi resignación y desánimo, pero no me abandones cuando desfallecen mis fuerzas. Enséñame a mirar con esperanza el futuro que me das, la misión que me encomiendas y a cantar tus alabanzas sin fin. Hazme un tierno artífice de Tu revolución, para custodiar con amor a mis nietos y a todos los pequeños que buscan refugio en Ti. Protege, Señor, al Papa Francisco y concede a tu Iglesia liberar al mundo de la soledad. Dirige nuestros pasos por el camino de la paz. Amén.

Confirmation Registrations

Weekdays from 5:30 pm - 7:30 pm

Tuesday, July 26 · Wednesday, July 27

Thursday, July 28

Saturday, July 30 from 10:00 am - 1:30 pm

Registrations taking place in the Religious Education Office (2nd Floor in the School)

Please bring the following for registration:

- Baptism Certificate and First Holy Communion Certificate (Birth certificate if not baptized)
- Fee: \$180.00 (Deposit of \$100.00 is required at time of registration)

Religious Education Director: Avelina Jimenez

Call · Text: (562) 325-0757

sbconfirmationsac@gmail.com

¿Sabía Usted?

A medida que aumentan las temperaturas este verano, es fundamental que los padres de familia recuerden sacar a los niños del automóvil cada vez que se estacionan y apagan el motor. Dejar a un niño solo en un automóvil puede provocar lesiones graves o la muerte. Esto es especialmente cierto en climas cálidos: un automóvil puede calentarse 19 grados en solo 10 minutos. Romper una ventana no es suficiente para resolver el problema. Dejar una cartera o un teléfono, o incluso un zapato en el asiento trasero, puede ser un recordatorio de que los niños podrían haberse quedado dormidos en los viajes en automóvil. Para obtener más información, visite <https://www.safekids.org/heatstroke>.