



Saint Bernard

A Roman Catholic Community

January 30, 2022

4th Sunday in Ordinary Time



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Saturday Mass

Misas de Sábado

8:00 a.m. • English

5:00 p.m. • English Sunday Vigil

7:00 p.m. • Español Misa Dominical

Sunday Mass • Misas de Domingo

7:30 a.m. • English

9:00 a.m. • English

11:00 a.m. • English

1:30 p.m. • Español Nuevo Horario

Weekday Mass • Misas entre Semana

8:00 a.m. - English

6:15 p.m. • Bilingual

Office Hours • Horario de oficina

Monday - Friday • Lunes a Viernes

9:00 a.m. — 4:00 p.m.

Closed 12 - 1pm & on Weekends

Cerrado 12 - 1pm y el fin de semana

Pastor

Fr. Toribio Gutierrez

frtoribiogutierrez@gmail.com

Associate Pastor

Fr. Khoa Mai

kaem.2011@mail.com

Religious Ed/ Confirmation

Avelina Jiménez:

Call • Text: 562-325-0757

fhcsacrament@gmail.com

RCIA

Desi & Ervin Ortiz

desvil@verizon.net

Parish Information

9647 Beach Street,
Bellflower, CA 90706

saintbernardcc.org
office@saintbernardcc.org

Phone: 562.867.2337

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Emergency Text Number
(562) 608-5337

Totals

January 23, 2022

Envelopes \$4049.00

Parochial Improvements \$76.00

Plate \$2,105.00

Mailed donations \$370.00

Pantry \$200.00

Mass Intentions

When using our website to request Mass intentions, or when dropping off Mass intentions in the mail slot, please keep in mind we need minimum 2 business days to process your request. If you wish to have your intention published in our bulletin, a minimum of 1 week in advance notice is needed. Intentions dropped off or emailed on Fridays after 3pm **will not** be seen until Monday. Thank you very much.

Intenciones de Misa

Cuando use nuestro sitio web para solicitar intenciones de Misa, o cuando deje intenciones de Misa en nuestro buzón, tenga en cuenta que necesitamos un mínimo de 2 días hábiles para procesar su solicitud. Si desea que su intención se publique en nuestro boletín, se necesita un mínimo de 1 semana de anticipación. Las intenciones entregadas o enviadas por correo electrónico los viernes después de las 3:00 p. m. no se verán hasta el lunes. Muchísimas gracias.

Mass Intentions

Saturday 01/29/2022

8:00am

Juana Olano - †

Reynaldo Dante Ramos -RIP

Anthony Manalo-HB,

5:00pm

Alejandro Martinez & Laura Abad -

Sp. Int.

Anthony Manalo -HB,

Francisco Alfonso & Fam- Thanks-giving,

Raquel Narboneta & Fam. - Sp. Int.

Keir De Guzman & Fam. - Sp. Int.,

Annie Lorenzo- †

Josephine & Ricardo Morin- Wedding anniversary

Sunday 01/30/2022

7:30am

Alida, Nicolaas, Eddie & Nick Koot †

Trinidad Alvarez †

Maria Balicanta - RIP

11:00am

Aurel Galipeau - †

Dennis Adricula - HB,

Alferdo Amiscua- - †

Reynaldo Dante Ramos -RIP

1:30 pm

Alejandro Martinez & Laura Abad -

Sp. Int.

Cuquilla y Teodoro Rodriguez y familia- 50 wedding Anniversary,

Theresa Parga-†

Victor Parga-†

Jose y Juanita Sanchez- †

Maria Elena Carrillo- †

Monday 01/31/2022

8:00am

Reynaldo Dante Ramos -RIP

6:15pm

Alejandro Martinez & Laura

Abad - Sp. Int.

Regine Joyce Morin & Arnel

Lacsamana Sp. Int.,

Oscar and Jaqueline Tirado- Wedding Ann.

Johnny Pahati-HB

Tuesday 02/1/2022

8:00am

Reynaldo Dante Ramos -RIP

6:15pm

Pedro Palma- †

Fr. Luke-HB/Thanksgiving

Wednesday 02/02/2022

8:00am

Sonia Lim Sp Int.

Reynaldo Dante Ramos -RIP

Dianne Dicristofalo- †

Purificacion Aradanas- †

6:15pm

Healing of Doug & Robin Angi

Healing of Peggy Bailey;

All Souls

Chad & Penny Liao Morris -special intentions

Thursday 02/03/2022

8:00am

Sonia Lim Sp Int.

Reynaldo Dante Ramos -RIP

Fr. Solomon Nwokocha-HB,

6:15pm

Fr. Solomon-HB

Friday 02/04/2022

8:00am

Reynaldo Dante Ramos -RIP

Saturday 02/05/2022

8:00am

Reynaldo Dante Ramos -RIP

Josephina Villacorta- †

All Souls-Sp. Int.



Please do not leave behind or throw away your used masks on Parish grounds. Thank you for keeping your Parish clean!

Por favor no deje o tire sus cubre bocas usadas en la propiedad de la Parroquia. ¡Gracias por mantener su Parroquia limpia!

Dear Grandma:

Today, I want to introduce to you the Greek Fathers. Those who wrote in Greek are called the Greek (Church) Fathers. In addition to the Apostolic Fathers, famous Greek Fathers include:

Justin Martyr. He was an early Christian apologist, and is regarded as the foremost interpreter of the theory of the Logos in the 2nd century. He was martyred, alongside some of his students. **Irenaeus of Lyon** was bishop of Lugdunum in Gaul, which is now Lyon, France. His writings were formative in the early development of Christian theology. He was a disciple of Polycarp. His best-known book is *Against Heresies*. He proposed that the Gospels of Matthew, Mark, Luke and John all be accepted as canonical. **Clement of Alexandria** was the first member of the church of Alexandria and one of its most distinguished teachers. He united Greek philosophical traditions with Christian doctrine and valued gnosis that with communion for all people could be held by common Christians. He developed a Christian Platonism. He was well versed in pagan literature.

Origen of Alexandria he was an Egyptian who taught in Alexandria, The patriarch of Alexandria at first supported Origen but later expelled him for being ordained without the patriarch's permission. He relocated to Caesarea Maritima and died there after being tortured during a persecution. He was later anathematised and some of his writings condemned as heretical. Using his knowledge of Hebrew, he produced a corrected Septuagint (a early version of the Bible). He wrote commentaries on all the books of the Bible. He interpreted scripture allegorically. **Athanasius of Alexandria** was a theologian, Pope of Alexandria, and a noted Egyptian leader of the 4th century. He is remembered for his role in the conflict with Arianism and for his affirmation of the Trinity. At the First Council of Nicaea (325), Athanasius argued against the Arian doctrine that Christ is of a distinct substance from the Father. **Basil the Great** (one of the Cappadocian Fathers), was bishop of Caesarea; brother of Gregory of Nyssa and a close friend with Gregory of Nazianzus, Patriarch of Constantinople. Promoted early Christian theology and is highly respected in both Western and Eastern churches as saint. Abbess Macrina fostered the education and development of Basil the Great, Gregory of Nyssa and Peter (bishop of Sebaste). They made major contributions to the definition of the Trinity finalized at the First Council of Constantinople in 381 and the final version of the Nicene Creed. Subsequent to the First Council of Nicaea, Arianism did not simply disappear. The semi-Arians taught that the Son is of like substance with the Father (homoiousios), as against the outright Arians who taught that the Son was unlike the Father (heterousian). So the Son was held to be like the Father but not of the same essence as the Father. The Cappadocians worked to explicitly acknowledged a distinction between the Father and the Son but at the same time insisting on their essential unity.

John Chrysostom was archbishop of Constantinople, is known for his eloquence in preaching and public speaking; his denunciation of abuse of authority by both ecclesiastical and political leaders, recorded sermons and writings making him the most prolific of the eastern fathers, and his ascetic sensibilities. His sermons along with Basil the Great's have greatly influenced the Christian Church's understanding of economic and distributive justice for the poor. **Cyril of Alexandria** was the Bishop of Alexandria. Cyril wrote extensively and was a leading protagonist in the Christological controversies of the late 4th and early 5th centuries. He was a central figure in the First Council of Ephesus in 431, which led to the deposition of Nestorius as Archbishop of Constantinople. Cyril's reputation within the Christian world has resulted in his titles "Pillar of Faith" and "Seal of all the Fathers". **Maximus the Confessor** was a monk, theologian, and scholar. In his early life, he was a civil servant and an aide to the Byzantine Emperor Heraclius. However, he gave up this life in the political sphere to enter into the monastic life. He supported that Jesus had both a human and a divine will. His Christological positions eventually resulted in his torture and exile, soon after which he died; he was venerated as a saint soon after his death. His *Life of the Virgin* is thought to be the earliest complete biography of Mary, the mother of Jesus. **John of Damascus** was a monk and priest. A polymath whose fields of interest and contribution included law, theology, philosophy, and music, before being ordained, he served as a chief administrator to the Muslim caliph of Damascus, wrote works expounding the Christian faith, and composed hymns. The Catholic Church regards him as a Doctor of the Church... Doctor of the Assumption because of his writings on the Assumption of Mary.

Did You know?

Did you know that the Archdiocese of Los Angeles requires all staff members, and volunteers who work in any capacity with or around children, the elderly, or people with special needs, to complete the VIRTUS® Protecting God's Children for Adults program? This program helps prevent child sexual abuse by raising awareness among staff and volunteers, and educating them on warning signs of abuse, potentially unsafe or inappropriate scenarios, and how to respond to suspicious behavior. Adults who undergo VIRTUS® training also learn the five steps to help prevent child sexual abuse. For more information, visit <https://lacatholics.org/education-and-training/>.

¿Sabias Que?

Sabía que la Arquidiócesis de Los Ángeles requiere que todos los miembros del personal y los voluntarios que trabajan en cualquier capacidad con o cerca de niños, ancianos o personas con necesidades especiales completen el programa VIRTUS® Protecting God's Children for Adults? (Protegiendo a los hijos de Dios para el programa de adultos). Este programa ayuda a prevenir el abuso sexual infantil al crear conciencia entre el personal y los voluntarios, y educarlos sobre las señales de advertencia de abuso, escenarios potencialmente inseguros o inapropiados y cómo responder a comportamientos sospechosos. Los adultos que se someten a la capacitación VIRTUS® también aprenden los cinco pasos para ayudar a prevenir el abuso sexual infantil. Para obtener más información, visite <https://lacatholics.org/education-and-training/>.



Presentation of the Lord
February 2, 2022

Rachel's Vineyard Retreat weekend for

Healing after Abortion

Rachel's Vineyard retreat is for men and women struggling with the emotional and spiritual pain of abortion. The retreat is designed to help participants work through repressed grief and anger in a safe, nonjudgmental setting and come to acceptance, healing, and hope for the future. Developed in the Roman Catholic Tradition, it utilizes spiritual exercises and rituals to help grieve the loss of unborn children and to accept God's forgiveness. All inquiries and registrations are confidential.

March 4-6, 2022 San Fernando, CA • Cost: \$300. per person. For registration or more information please call 323-577-5693 or email, RVLA.christine@gmail.com • www.rachelsvineyard.org

El Retiro Viñedo de Raquel

Cuando Sentirse mal no basta Para sanación después del aborto

El Retiro Viñedo de Raquel ofrece retiros para mujeres y hombres que sufren el dolor emocional y espiritual del aborto. Este retiro está diseñado para ayudar a los participantes en que puedan trabajar sobre el duelo y el coraje reprimido en un ambiente seguro y sin juzgamiento para poder llegar a la aceptación, sanación y esperanza para el futuro. Diseñado en la tradición Católica Romana donde se utilizan ejercicios espirituales y dinámicas para ayudar en el proceso del duelo sobre la pérdida de los bebés nonatos y así también poder aceptar el perdón de Dios. El cupo de los retiros es limitado a 18 personas solamente.

El próximo retiro será el 17, 18 y 19 de junio de 2022 en la Casa de Retiros "Poverello" - Valle de San Fernando.

Para más información llame al (626) 290 - 8333.